

# Chinese Martial Arts

Athletic Balance Presents:

## Fall Seminars!!!

Space  
Is  
Limited!

*We are privileged and honored to host Grandmaster Bai Wenxiang and Master Matt Zhang for three seminars. Their extensive knowledge and experience with Chinese Martial Arts and Qigong makes this an opportunity you should not miss!!!*



### Taiji Silk Reeling Qigong

Saturday, November 13, 2010

From 1:00PM to 3:30PM

*Master Matt Xichuan Zhang*



### Fanziquan

Saturday, November 13, 2010

From 4:00PM to 6:30PM

*Grandmaster Bai Wenxiang*



### Shuangshou Jian

(Double Handed Sword)

Sunday, November 14, 2010

From 1:00PM to 3:30PM

*Grandmaster Bai Wenxiang*

Cost: \$85.00 per seminar (\$75.00 for CMA Acton students)  
Discount for CMA Acton students only: \$200.00 for all three seminars

To register please call: (978) 635-1090



**Grandmaster Bai Wenxiang** has been practicing and teaching Kung Fu / Wushu on the Chinese professional martial arts team for over 50 years. In 1988, he was the coach of the Chinese National Wushu/Kung Fu Team and since 2002, he has been the head coach of the Shaanxi Provincial Wushu Team. Currently he is the Vice President of the Shaanxi Provincial Wushu Association. In his long martial arts career, Grandmaster Bai's greatest accomplishment was to become a world-renowned Kung Fu / Wushu coach. He has taught many National Wushu Championship holders and Kung Fu movie stars including the famous movie star **Donnie Yen**, as well as the "Wushu Prince", Zhao Changjun, who has won 54 gold medals worldwide and is the only person to win China's coveted "All-around Wushu Champion" ten years in a row!

**Master Matt Zhang** was born in Shaanxi Province and began learning martial arts at the age of ten. From 1993 to 1995, he pursued his master degree in martial arts at Xi'an Physical Education College, China. After passing the exams and tests of the national 3rd-class and 2nd-class certifications in martial arts, he became a Certified National 1st-class Martial Arts Judge in China in July, 1995. He is also a National Certified 3rd-class Gymnast in China. Master Zhang's philosophy is to live a happy and healthy life, both physically and mentally.

Chinese Martial Arts 中華武術

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[www.AthleticBalance.com](http://www.AthleticBalance.com)

